FOR IMMEDIATE RELEASE:

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TEAM RUNNERGIRL WINS INAUGURAL CHICK-FIL-A MARATHON RELAY AT GASPARILLA.

Tampa, FL, February 18, 2007 – Four Manatee/Sarasota area women teamed up for the first ever Chick-fil-A Marathon Relay as part of the Gasparilla Bank of America race weekend and took home the gold, or the cows in this case. Representing Team RunnerGirl were Cherie Coston, Rae Ann Darling Reed, and Pam Chaffin of Manatee County and Rachel Chambers of Sarasota County. These four ladies are members of the Bradenton Runners Club but ran as Team RunnerGirl, sponsored by Bradenton based RunnerGirl Inc.

These RunnerGirls won the women's open division of the relay and placed fourth overall out of the men's and mixed teams with a marathon time of 3:09:12. The relay legs ranged from 4 to 8 miles with the participants passing a chip rather than a baton at each of the exchange points.

This is Team RunnerGirl's first victory in the marathon relay but they have two wins under their belt from the past two years' Chick-fil-A Team Trio competition at Gasparilla. In addition to finisher medals, each team member took home a giant stuffed Chick-fil-A cow and a generous supply of Chick-fil-A coupons!

Team RunnerGirl might be small, but definitely growing in both size and talent. In December 2006 they placed second in the women's division of the Hills of Lake County Cross Country Relay in Clermont, which was preceded by defending their team title at the USA Track & Field Junior Olympics Cross Country Regional Championships at the same location.

ABOUT RunnerGirl Inc. – Primarily a Web based company providing free training advice, tips for new runners, motivation, injury prevention, safety tips, nutrition, and racing information for girls and women around the world. RunnerGirl's certified coaches offer online or in person coaching for runners and walkers of all abilities. <u>RunnerGirl.com</u> is the only place to purchase official RunnerGirl[®] technical running apparel, accessories, and gifts.



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