

Anna Maria Elementary Dolphin Dash
Saturday, January 16, 2010
5k and 1 mile run



Sanctioned by



Enjoy a scenic run in Holmes Beach on Anna Maria Island.



T shirts and Goodie Bags guaranteed to pre-registered runners

Packet pick up and registration begins at 7am at AME

5K starts at 8am, 1 mile run begins at 9am

Door Prizes and refreshments after the race

Blue ribbons for all who finish the 1 mile run

5k awards to Male/Female overall, Masters (40+), Grand Masters(50+0, Senior Grand Masters(60+), Veteran Grand Masters (70+), and 3 deep in age groups 9 & under, 10-12, 13-15, 16-19, then 5 year age groups 20=24 up to 80+.

Pre-registration: Adults \$20, children under 19, \$10 (must be received by 1/14/10)

BRC Members pre-register for \$18 by 1/14/10

Race Day registration: Adults \$25, children under 18 \$15

For more information call (941)383-9675

Register online or print entry forms at www.RunnerGirl.com

For safety reasons, headphones, strollers, baby joggers, bicycles, skates, & animals not permitted

Anna Maria Elementary Dolphin Dash
Race begins and ends at AME
4700 Gulf Dr N
Holmes Beach, FL 34217



Register online or print entry forms at www.runnergirl.com

For more information call Becky at (941) 383-9675

Name: _____

 Last First MI
Address: _____

City: _____ State: _____ Zip: _____

Phone (____) _____

Email: _____

M/F (circle one) Age: _____ DOB: ____/____/____

Event (circle) 5k 1 mile run

Shirt size (circle) YM YL S M L XL

Pre-registration by mail: adults \$20, children under 18, \$10 (must be received by 1/14/10)

BRC Members pre-register for \$18 by 1/14/10

Race Day registration: Adults \$25, children under 18 \$15

Mail entry forms to: Dolphin Dash, c/o AME, 4700 Gulf Dr N, Holmes Beach, FL 34217

Make checks payable to: AME PTO

Waiver of Liability

In consideration of accepting this entry, I hereby, for myself, my heirs, executors and assignors, do waive and release any and all claims and right for claims for damages I may have against the Anna Maria Elementary School, PTO, Bradenton Runners Club, Sponsors, Organizers and all those associated with this event, their members or agents, and all volunteers, for any and all injuries suffered by me as a participant in the dolphin Dash Run whether known, anticipated or unanticipated. If I should suffer any injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full responsibility for such an action. In addition I hereby authorize the use of any photographic, motion picture, or other material related to the event for publicity, promotional, or news purposes by the various media authorized or approved by the Anna Maria Elementary School or Bradenton Runners Club. If applicant shall not have attained the age of 18, the signature of a parent or guardian shall be required. By signing this form, I agree that for safety reasons headphones, strollers, baby joggers, bicycles, skates, and animals are not permitted in this event.

Participant Signature: _____

Signed or signing as parent or guardian of entrant under 18

Date: _____