

1st
Annual

Fountain Of Youth 5k Run



To Benefit

The North Port YMCA &

The Arthritis Foundation of North Port



Warm Mineral Springs, North Port, FL 34287

Sunday March 18th, 2012

6:00-8:00 am ~ Packet Pick up & Race Day Registration

8:00 am - 5k Start

Kid's Races

8:45 am ~ 3-4 yrs run 100 meters • **8:50 am** ~ 5-6 yrs 200 run meters

8:55 am ~ 7-9 yrs run 400 meters • **9:00 am** ~ 10-12 800 run meters

9:15 am ~ Awards Ceremony

All Runners, Joggers, and Walkers Welcome

Race entry includes free admission to Warm Mineral Springs and the ECOFEST
register online at www.active.com

For More Information and Forms visit www.runnergirl.com

or call (941) 538-7770

1st Annual
**Fountain of Youth 5k Run
 Walk & Kids Races**

Plus Enjoy the Warm Mineral Springs and ECOFEST
 Sunday March 18th, 2012 • Warm Mineral Springs (off of U.S. 41)
 12200 San Servando Ave., North Port, FL 34287



5k Run at 8:00 am sharp, timed, through a partial cross country course and through neighborhood streets and finishing back into Warm Mineral Springs for a great post race party



Kid's Race Start at the 5k start and proceed in the Warm Mineral Springs park. 3 to 4 year olds run 100 meters at 8:45 am; 5 to 6 year olds run 200 meters at 8:50; 7 to 9 year old run 400 meters at 8:55; 10 to 12 year olds run 800 meters at 9:00 am. All children receive finisher medals and the top three boys and girls in each category receive engraved trophies.



Cash Awards and Plaques go to the top three M/F finishers. All winners in their respective groups receive beautiful, handcrafted award tiles! M/F Masters; M/F Grand Masters; M/F Senior Grand Masters; M/F Veterans. Then Age Group Awards three deep 14 and under; 15-19 years; then 5 year age groups from, 20-24 to 80+.



Great Post Race Party follows after the run with DJ music, raffles, and refreshments from area restaurants for all participants and their families (beer with proper id)



Directions to Warm Mineral Springs from I-75 Take exit 191 toward N Port, Merge onto W River Rd, Turn left onto US-41 S/S Tamiami Trail, Turn left onto Ortiz Blvd, Turn right onto San Servando Ave.



After the race take a swim in the world famous Juan Ponce de Leon's original Fountain of Youth. Then visit with over 100 vendors celebrating the 42nd anniversary Earth Day in a huge ECOFEST! The areas largest healthy planet celebration. **ALL INCLUDED FREE WITH YOUR RACE REGISTRATION.**

Thank You to our Sponsors:



For information and Forms visit: www.active.com or www.runnergirl.com

REGISTER ONLINE: www.active.com

OR FILL OUT THE FORM BELOW. PLEASE PRINT CLEARLY. PLEASE COMPLETE ENTIRE FORM.

First Name: _____ Last Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Cell Phone: _____

Birthday (DD/MM/YYYY): _____ Age on Race day: _____ M _____ F _____

E-mail: _____ Club Name: _____

Shirt Size (circle one): WXS WS WM WL S M L XL XXL KIDS M KIDS L

GENERAL WAIVER AND RELEASE OF LIABILITY AGREEMENT

Waiver of Liability and Statement of Fitness: In consideration of my entry, I hereby for myself, heirs, executors and assigns, waive any and all claims against the Natural Awakenings, Charlotte County, sponsors, officials, USA T&F, and volunteers in this race for any injuries or illness which may be directly or indirectly result from my participation. I further state that I am of proper physical condition to participate in this event and realize that the trails may present uneven terrain. In the event the race is cancelled, I understand that the entry fee will not be refunded, and I will consider such fee as donation to the Natural Awakenings. I hereby grant permission to the Natural Awakenings Magazine to use my name and photos or any other record of my participation for publicity purposes. The following are not permitted on the race course and are not covered by insurance: headphones or radio headsets, bicycles, skateboards, and roller blades.

Signature of runner or walker (Parent or Guardian signature if under 18) _____ Date _____

Method of Payment

Make check or money order payable to

Natural Awakenings Magazine

Mail with completed entry form to: **Natural Awakenings;**
 4305 62nd Street E; Bradenton, FL 34208

FEES

\$20 includes a \$5 club discount for Bradenton Runners club, MTC, LWRR, SPRR, Suncoast Striders, and Zoomers by mail until 3/14

ALL RUNNERS

\$25 Postmarked by 3/14
 \$30 From 3/15 thru Race Day (3/18)
 \$10 Kids Races (early registration guarantees size)

Amount enclosed: \$ _____

Check Amex Visa Mastercard

Exp. Date

can be faxed to (941) 866-0949

* T-shirt sizes guaranteed to pre-registered runners

RACE INFO
 phone: (941) 538-7770

For more information call: **941-538-7770**